

# **CMS After-School Activity Descriptions**

## **Clubs**

Note: Please contact Vanessa Moran at 978-341-2490, x-6100 with any questions about the following programs.

### **Babysitting Training**

**Instructor:** Ms. Wadley, register at 318-1540 or [www.ace.colonial.net](http://www.ace.colonial.net)

**Description:** The Community Education department and the American Red Cross will hold a *Babysitting Training* class at the Sanborn Building this fall. Learn all about: characteristics of children; basic care such as feeding, changing and holding; supervising and playing with children; accident prevention; emergency response for breathing and cardiac emergencies in infants and children; standard first aid for common injuries and illnesses. No prerequisite. For grades 5-9 only. Certifications: Infant & Child CPR, First Aid, and Babysitter's Training. 3-day course, 12 hours, that will provide certification in Babysitting, Child/Infant CPR, and Pediatric First Aid, for grades 5 and up.

### **Band Group Lessons**

**Instructor:** Mr. Seely, x-6375

**Description:** Sharpen skills in preparation for band performances.

### **Book Pals**

**Instructor:** Ms. Turner Michael x-6100

**Description:** Participate in 3 fun workshops for leadership, mentoring and literacy. Travel from CCHS to the Condon Elementary School in South Boston 3 times throughout the year, reading to and mentoring younger children. Write 3 short letters to your Condon School "Reading Buddy"..

### **Bridge Club**

**Instructor:** Mr. Jacobs, x-6100

**Description:** Learn one of the most popular card games in the world. Bridge is a game of critical thinking, math, and communication. Weekly sessions will include a lesson and play. Online play will also be available..

### **Chamber Choir**

**Instructor:** Mr. Rivenburgh, x-5374

**Description:** Sing and perform challenging music with enthusiastic singers.

### **Chef's Club**

**Instructor:** Ms. Aldrich, x-6320

**Description:** An after school cooking class that four times each trimester in which students will prepare American and International cuisine. The club will run until 4:30 p.m. on a Thursday afternoon and is limited to 15 students. Students may sign up for one session.

### **Dance: Musical Theater Dance**

**Instructor:** Ms. Jarvis, x- 6100

**Description:** Learn musical theater techniques including jazz, Western and folk. All levels welcome.

### **Dramatic Play:**

**Instructor:** Ms. Dwyer, x-6100

**Description:** Experienced and inexperienced actors participate in this two-act show that takes place in the Peabody Forum beginning the first week of October.

### **Environmental Club**

**Instructor:** Ms. Bryant, Ms. Bede, x-6100

**Description:** The CMS Environmental Club invites 6th, 7th & 8<sup>th</sup> grade students to explore the woods and waterways in Concord and learn about important local and global environmental issues through community service projects, field trips and films. The Club will investigate a range of topics including climate change, energy use, food production and water quality. The Club will be led by CMS parents Beverly Ridpath and Sue Beede and will meet approximately twice a month on Thursday afternoons from 2:30 pm– 4:30 pm. Club activities will begin Thursday, October 2<sup>nd</sup>; however, there will be an informational meeting for students and parents on Thursday, September 25<sup>th</sup> at 2:30pm in Room #107 at Sanborn.

### **Future Cities Club**

**Instructor:** Mr. Shattuck, x-6171

**Description:** Analyze many of the challenges engineers face as they manage the change of a growing city using the SimCity software. Interested members of this club will participate in interscholastic competitions at different times during the year.

### **Girls' Ice Hockey**

**Instructor:** Ms. Southcote, x-6100

**Description:** Girls of varying abilities will compete against other teams in the area.

### **Historical Movie Club**

**Instructor:** Mr. Sykes-McLaughlin, x-6100

**Description:** Compare Hollywood's version of history with the actual events by watching and discussing different films each week.

### **Homework Club**

**Instructor:** TBD

**Description:** Students who are recommended by their teachers and parents complete homework with a CMS tutor.

### **Mandarin Language/Culture**

**Instructor:** Ms. Sun, x-6100

**Description:** Learn some basics in conversational and written Mandarin. Students will also study various aspects of Chinese culture including its food and its religions. While this course is a requirement for those students participating in the spring exchange to China, all students are welcome.

### **Math Counts**

**Instructor:** Mr. Cellucci, x-6100

**Description:** Participate in a regional math tournament solving problems as a team and as individuals.

### **Math Stars**

**Instructor:** Ms. McCann, Ms. Brown, Ms. Wiebe, x-6119

**Description:** Learn problem-solving techniques to improve success in school-day mathematics classes.

### **Math Team**

**Instructor:** Ms. Baker, x-5417

**Description:** Participate in interscholastic problem-solving contests together throughout the school year.

### **Model United Nations**

**Instructor:** Mr. Robbins and Mr. Sykes-McLaughlin, x-6257

**Description:** Participate in a club at the Concord Middle School which is open to students of all academic levels at all three grade levels. The students learn about the United Nations, its purpose and its functions. The students research and debate current world issues and use diplomacy and negotiation to resolve these global issues. The club meets after school every two weeks and then attends the Bentley College Model UN conference in March.

### **Musical (Spring)**

**Instructor:** Mr. Shancady, Director, x-6100

**Description:** Audition for and perform in the musical *Joseph and His Amazing Technicolor Dreamcoat* in the spring.

### **National Spanish/French Exams**

**Instructor:** Ms. Welburn (x-5256), Ms. Sira (x-5270), and Ms. Rodriguez-Digon (x-6271),

**Description:** Students in eighth grade volunteer to work from December until March once each week from 7:30-8:00 a.m. preparing for national exams in March. Teachers expect students to complete work at home as well.

### **Newspaper**

**Instructor:** Barbara Peskin, x-6193

**Description:** Meet after school every two weeks to create and publish several editions of the school newspaper. All students are welcome to join the staff.

### **Open Studios**

**Instructor:** Ms. Plante, x-6284

**Description:** Explore different types of art-making, design projects, and learn new techniques of interest.

### **Painting: Depicting Nature through Watercolors**

**Instructor:** Ms. Paladino, x-5278

**Description:** Learn how to depict the natural world in painting from a published artist.

### **Pilates and Yoga for Teens**

**Instructor:** Ms. Liebich, x-6100

**Description:** "Pilates for Teens" combines elements of pilates, yoga and expressive dance to encourage flexibility, strength and overall sense of well being and positive self image. The program will run during the month of October twice per week for two hours per session, and is taught by an experienced pilates and yoga teacher.

### **Pottery**

**Instructor:** Ms. Anderson, x-5100

**Description:** Learn a variety of skills and ways to manipulate clay in order to develop individual pottery projects.

### **Science Olympiad**

**Instructor:** Ms. Broderick, x-6252

**Description:** Apply scientific understanding in competition against other schools.

## **Select Chorus**

**Instructor:** Mr. Rivenburgh, x-5374

**Description:** Join an advanced group of singers that rehearses once a week after school. Select Chorus sings music of a variety of styles, but often focuses on musical theater, jazz, and classical.

## **Stage Band**

**Instructor:** Mr. Seely, x-6375

**Description:** Students audition for and perform music in school concerts. The Stage Band will play music in a variety of styles.

## **Student Leaders**

**Instructor:** Mr. Sykes-McLaughlin, x-6100

**Description:** Serve as a school leader, represent classmates, and advocate for improvements in the school.

## **Volleyball**

**Instructor:** Mr. Olson, x-6100

**Description:** Learn the basic skills of the game and compete against each other. All levels welcome.

## **Yearbook**

**Instructor:** Mr. Stern,

**Description:** capture the year's events in a yearbook. Serve as editor, writer, graphic designer or photographer.

# **Athletic Teams**

**Interscholastic Athletics:** Students on interscholastic teams are selected during tryouts that precede the season. Students that make the team practice four times each week and compete against other schools. All students must have a current physical on file in order to participate in interscholastic sports. Only seventh and eighth grade students are eligible for interscholastic sports with the exception of Cross Country.

**Intramural Sports:** Students do not need to try out for intramural sports. They compete against their classmates in a less competitive environment than interscholastic sports. Intramural sports take place two times each week.

## CMS After-School Program Schedule

(Please check the Daily Announcements and the *Daily Announcements* for time changes)

<u>Clubs/Activities</u>	<u>Meeting Times</u>	<u>Start Date</u>	<u>Location</u>	<u>Instructor</u>
Babysitting Training	10/21, 10/ 28, 11/4, 1:15-5:15	Oct. 21	San. Room 201	Ms. Wadley
Band (Group Lessons)	M (percuss. and flute), W (sax and clar.), Th (trump and tromb),2:30-3:30	September 22nd	San. Band Room	Mr. Seely, Mr. Hendricks
Bridge Club	Wednesdays 2:30-4:30 p.m.	10/8/08	Sanborn	Mr. Jacobs/Green
Book Pals	Tuesdays 2:30-6:00 p.m.	tbd	CCHS	Ms. TurnerMichael
Chamber Choir	tbd	tbd	San. Auditorium	Mr. Rivenburgh
Chef's Club	Session 1: 10/23,10/30, 11/6, 11/13 Session 2: 1/22,1/29, 2/5,2/12 Session 3: 3/19, 3/26, 4/2, 4/9 2:30-4:30 p.m.	10/23/08	Sanborn FACS	Ms. Aldrich
Dance: Musical Theater Dance	Mon. 10/6-11/24, 2:30-4:30	10/6/08	San. Auditorium	Ms. Jarvis
Dramatic Play	M,W, Th, F, 2:30-4:30 p.m.	10/6/08	Peab. Forum	Ms. Dwyer
Environmental Club	Wed., 10/1-10/29, 2:30-4:30	10/1/08	San. lobby	Ms. Bryant, Ms. Beede
Future Cities	M, W, 2:30-3:30 p.m.	10/6/08	San. Module #3	Mr. Shattuck
Girls' Ice Hockey	tbd	Approx. 12/1/08	tbd	Ms. Southcote
Historical Movie Club	Wednesdays, 2:30-4:30 p.m.	9/24/08	San. Room 103	Mr. Sykes-McLaughlin
Homework Club	M, W, Th, 2:30-3:30 p.m.	10/6/08	San. Library Peab. Library	Tbd
Mandarin	Wednesdays, 2:30-4:30 p.m.	10/6/08	Room 103	tbd
Math Counts	Mondays, 2:30-3:30 p.m.	11/10/08	San, Rm. 205	Mr. Cellucci
MathStars	M, Th, 2:30-3:30 p.m.	10/6/08	Peab. and San.	Ms. McCann
Math Team	M, 2:30-3:30 p.m.; Th after 11/9	10/6/08	Pea.,Ms. Baker's r	Ms. Baker
Model United Nations	Th, every 2weeks, 2:30-3:30 p.m.	9/25/08	San module #1	Mr. Robbins
Musical	M,W, Th, F, 2:30-4:30 p.m.	12/8/08	San. Auditorium	Shancady
National Sp/Fr Exam	Fridays, 7:30-8:00 a.m.	12/12/08	San and Pea (tbd)	Ms. R-D, Ms. Sira, Ms. Welburn
Newspaper	Wednesdays, 2:30-3:30, every 2 weeks	10/8/08	San. Main Lab	Ms. Peskin
Open Studios	Thursdays, 2:30-4:30 p.m.	11/13/08	San, Ms. Plante's room	Ms. Plante
Nature Drawing and Painting: Depicting nature through Illustration and Watercolor	Mondays, 2:30-3:30 p.m.	10/20/08	Pea, Ms. Paladino's room	Ms. Paladino
Pilates and Yoga for Teens	Tues and Thurs in Oct., 2:30-4:30 p.m.	10/7/08	Sanborn Gym	Ms. Liebech
Pottery	Thursdays, 2:30-4:30 p.m.	9/25/08	Pea, Ms. Anderson's room	Ms. Anderson
Science Olympiad	Every other Wednesday 2:30-4:30 p.m.	10/6/08	San., room 110	Ms. Broderick
Select Chorus	Tuesdays 1:15-2:30	10/7/08	San., Auditorium	Mr. Rivenburgh
Stage Band	Tuesdays, 1:00-2:45 p.m.	Auditions: 9/10/08	San., Band Room	Mr. Seely
Student Leaders	Monday (every other Monday), 2:30-3:30 p.m.	9/8/08	San., Rm 103	Mr. Sykes-McLaughlin
Volleyball	M and W, 2:30-4:30 p.m.	10/6/08	San., Gym	Mr. Olson
Yearbook	M,W, Th, F, 2:30-4:30 p.m.	11/10/08	Mini-lab	Mr. Stern

<u>Athletics</u>	<u>Meeting Times</u>	<u>Start Date</u>	<u>Location</u>	<u>Instructor</u>
<b><u>Intramural Sports</u></b>				
<b><u>Fall</u></b>				
Soccer	W and F, 2:30-4:30 p.m.	Sept. 17	Peabody field	Ms. Deming
Field Hockey	M and Th., 2:30-4:30 p.m.	Sept. 11	Sanborn field	Mr. Crowley
Flag Football	M. and Th., 2:30-4:30 p.m.	Sept. 11	Sanborn field	Mr. Wenstrom
<b><u>Inter-session</u></b>				
Floor Hockey	M, W and F., October 27-November 24, 2:30-4:30 p.m.	Oct. 27	Sanborn gym	Mr. Wenstrom
<b><u>Winter</u></b>				
Boys' basketball	W and F, 2:30-4:30 p.m.	Jan. 7	Sanborn Gym	Mr. Robbins
Girls' basketball	W and F, 2:30-4:30 p.m.	Jan. 7	Sanborn Gym	Ms. Cyr
<b><u>Spring</u></b>				
Softball	W and F 2:30-4:30 p.m.	April 6	Sanborn lower field	Mr. Crowley
Boys' Lacrosse	M and Th, 2:30-4:30 p.m.	April 6	Peabody field	tbd
Girls' Lacrosse	M and Th., 2:30-4:30 p.m.	April 6	Peabody Field	tbd
<b><u>Interscholastic Sports</u></b>				
<b><u>Fall</u></b>				
Cross Country (coed)	M,W, Th, F, 2:30-4:30 p.m.	Sept. 8	San. Upper Field	Ms. Benoit/Ms. Harmon
Boys' Soccer	M,W, Th, F, 2:30-4:30 p.m.	Sept. 8	San. Upper Field	Mr. Cellucci
Girls' Soccer	M,W, Th, F, 2:30-4:30 p.m.	Sept. 8	San. Upper Field	Ms. Stockwood
Girls' Field Hockey	M,W, Th, F, 2:30-4:30 p.m.	Sept. 8	San Upper Field	tbd
<b><u>Winter</u></b>				
Boys' basketball	M,W, Th, F, 2:30-4:30	Dec. 1	Sanborn Gym	Mr. Wenstrom
Girls' basketball	M,W, Th, 2:30-4:30	Dec. 1	Sanborn Gym	Ms. Newhall
<b><u>Spring</u></b>				
Girls' Softball	M,W, Th, F, 2:30-4:30	April 6	San. Upper Field	Ms. Cyr
Boys' Baseball	M,W, Th, F, 2:30-4:30	April 6	San. Upper Field	Mr. Cellucci
Track and Field (coed)	M,W, Th, F 2:30-4:30	April 6	Sanborn Upper Field	Mr. Wenstrom, Ms. Harmon, Ms. Benoit